GOOD MORNING!

Breakfast served until 11am every day

Bed and breakfast guests note all items are included in your room rate

Full English Breakfast df, gfa Fried egg, rasher of butcher's bacon, sausage, mushroom, tomato, baked beans, hash brown, fried bread Includes all items from the buffet	£12.50
Vegetarian Breakfast v, df, gfa, vea Two fried eggs, baked beans, two hash browns, mushroom, tomato, fried bread Includes all items from the buffet	£12.50
Smoked Mackerel gf With Scrambled Eggs Includes all items from the buffet	£10.50
Four Egg Omelette gf Plain or with cheese, bacon or mushrooms Includes all items from the buffet	£10.50
Breakfast Brioche Bap served with two hash browns Choose from Bacon, Sausage, Egg Includes all items from the buffet	From £10.50

Continental Buffet Only (per person) Please help yourself from the breakfast buffet Under 12's	£8.50 £6.50
Porridge Made with Jumbo Oats served with maple syrup	£3.50
Specialty Coffees	£3.25
Toast and Preserves Thick slight broad with Tintroe Marmalade & James	
Thick sliced bread with Tiptree Marmalade & Jam	£3.25

<u>Allergens</u>

Please make your food server aware of any allergies and intolerances you may have. Whilst we take the greatest of care preparing your food, our kitchen is used to produce food containing any of the 14 main allergens as well as others. Unfortunately, it is impossible on this basis to ensure against minimal transfer of allergens. Our pledge is to do our absolute best. If you require any information regarding ingredients, please speak to your server.

٧	vegetarian
ve	vegan
gf	gluten free as standard
df	dairy free as standard
gfa	gluten free available with substitutions
dfa	dairy free available with substitutions
vea	vegan available with substitutions