

# GOOD MORNING!

Breakfast served until 11am every day

Bed and breakfast guests note all items are included in your room rate

## *Cooked Breakfasts*

### **Full English Breakfast** df, gfa

Fried egg, rasher of butcher's bacon, sausage, mushroom, tomato, baked beans, hash brown, fried bread £14.50

### **Vegetarian Breakfast** v, df, gfa, vea

Two fried eggs, baked beans, two hash browns, mushroom, tomato, fried bread £14.50

### **Eggs Benedict**

Poached eggs and smoked ham on a toasted muffin with hollandaise sauce £14.50

### **Eggs Royal**

Poached eggs and smoked salmon on a toasted muffin with hollandaise sauce £15.50

### **Smashed Avocado , Tomato and Poached Eggs** v, vea

On a toasted muffin with cream cheese and chilli Jam £13.50

### **Smoked Mackerel** gf

With Scrambled Eggs £12.50

### **Four Egg Omelette** gf

Plain or with cheese, bacon or mushrooms £12.50

Prices above include any items from the buffet

## *Lighter Options*

### **Continental Buffet Only**

Please help yourself from the breakfast buffet £9.95  
Under 12's £7.95

### **Porridge Made with Jumbo Oats**

served with maple syrup £5.95

### **Specialty Teas and Coffees**

£3.95

### **Toast and Preserves**

Thick sliced bread with Tiptree Marmalade & Jam £3.95

## *Allergens*

Please make your food server aware of any allergies and intolerances you may have. Whilst we take the greatest of care preparing your food, our kitchen is used to produce food containing any of the 14 main allergens as well as others. Unfortunately, it is impossible on this basis to ensure against minimal transfer of allergens. Our pledge is to do our absolute best. If you require any information regarding ingredients, please speak to your server.

## *Dietary Key*

v vegetarian  
ve vegan  
gf gluten free as standard  
df dairy free as standard  
gfa gluten free available with substitutions  
dfa dairy free available with substitutions  
vea vegan available with substitutions