# Menu

### Starters

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<b>Bread &amp; Oil</b> v, ve, df Selection of breads with extra virgin olive oil & balsamic vinegar	£4.95
Potted Crab With curried spices, served with sourdough bead	£7.95
<b>Mixed Olives</b> v, ve, df, gf Marinated Greek Olive Selection	£4.95
<b>Wild Mushroom Risotto Balls</b> v With a tomato & sweet chilli jam	£7.95
Haggis Scotch Egg	

With a tangy and sweet chilli Jam £7.95 Prawn Cocktail © df, gfa With sweet tomato oregano glaze on crunchy melba toast, mixed leaves & traditional marie rose sauce £8.95

Whitebait © Served with bread, a wedge of fresh £8.95 lemon & tartar sauce

**Baked Camembert** Infused with garlic & rosemary, served with pieces of garlic crostini to dip and smother. indulge to treat yourself or enough for two to share

## Main Courses

### Steak, Mushroom & Award-Winning Abbot Ale Pie

Homemade short crust pastry, served with chips, garden peas and extra gravy £17.95

### Ploughman's Lunch

homemade jam and chutney, selection of bread and cheese £15.95 For one Sharing platter £25.95

With homemade scotch egg, ham hock terrine,

Honey & Mustard Chicken gf © Breast of chicken pan-fried in cream, honey & wholegrain mustard sauce, mushroom

& onion rice and fresh vegetables £17.95 Lambs Liver & Streaky Bacon gf © Served with onion gravy on a bed of creamy

wholegrain mustard mash, topped with £17.95 streaky bacon and fresh vegetables

Beef Lasagne © Rich tomato sauce, garlic bread & homemade chips £17.95

Chicken & Bacon Salad © Mexicana cheddar, crunchy croutons and caesar dressing £18.95

Confit Duck Salad gf With Asian slaw, honey spiced cashews and orange & ginger dressing £18.95

### King Prawn Stir Fry gf, df

glaze

Lightly spiced, sweet chilli sauce, mange tout, peppers, carrots, red chilies, fresh ginger, spring onions served with coconut and coriander sticky Jasmine rice £18.50

Beer Battered Haddock df Served with homemade chips and garden £17.50

Tuna Salad gf,df Warm griddled tuna salad with green beans, new potatoes and a sweet tomato and oregano

Breaded Scampi of © Large wholetail scampi, homemade chips and garden peas £17.50

# From the Grill

**8oz Fillet Steak** dfa, gfa

like it, served with grilled tomato and mushrooms, homemade chips & fresh salad £27.95 10oz Sirloin Steak dfa, gfa Freshly grilled the way you like it, served with grilled tomatoes and mushrooms, homemade

A quality cut, freshly grilled the way you

chips & fresh salad £25.95

cheese, Creamy mushroom Chicken & Bacon Burger

Cracked black pepper, Suffolk Blue

100% chicken breast fillet in a brioche bap with streaky bacon, chilli & lime mayonnaise, homemade chips & creamy coleslaw £16.50

**Beef & Caramelized Onion Burger** 

100% beef burger hand shaped, topped with smoked cheddar, streaky bacon, gherkins and caramelized onions, served in a brioche bap, homemade chips & creamy coleslaw £17.50

#### Rack of Ribs df

**Steak Sauces** 

Three-hour slow roasted pork baby rack of ribs coated in our own spicy barbecue marinade, served with homemade chips and creamy coleslaw Full Rack £21.95 Half Rack £17.95

# <u>Vegetarian</u>

Macaroni Cheese v © Made with smoked cheddar, served with garlic bread and fresh salad £14.95

### Feta Filo Salad v

£11.50

Crispy filo topped with sundried tomatoes, feta, black olives and basil on a bed of mixed leaves with a tomato balsamic dressing and £17.50 sundried tomato potato salad

Vegan Spiced Mediterranean Vegetable Tagine v, ve, df, gfa With tortilla chips and lemon & peanut rice £15.95

Smoky Barbecue Plant-Based Burger v, df Our own recipe vegan pate with vegan cheese, tomato, gherkins, baby gem lettuce and our own recipe burger sauce in a toasted £16.50 bun with chips & creamy coleslaw

# Children

Choose from any smaller portion of our adult meals marked with a © or from the items below:

**Cheese Burger** 

Homemade steak burger topped with melted mature cheddar in brioche bun with homemade chips and baked beans or garden peas £8.95

**Chicken Nuggets** 

Made with whole chicken breast with homemade chips and baked beans £8.95 or garden peas

**Pork Sausages** df

Suffolk butcher's pork sausages with homemade chips and baked beans or garden peas £8.95

# **Baguettes**

£18.50

Oak Smoked Cheddar & Caramelised Red Onion Chutney v, gfa With a fresh dressed side salad	£8.95
<b>Hot Bacon, Lettuce &amp; Tomato</b> dfa, gfa With a fresh dressed side salad	£8.95
<b>Prawn Cocktail</b> dfa, gfa With a fresh dressed side salad	£8.95

### Sides

£3.95

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Creamy Coleslaw ve, df, gf	£2.95
Beer Battered Onion Rings v, df	£3.95
Homemade Chips v, df	£3.95
Garlic Bread v	£3.95
Fresh Mixed salad ve, gf, df	£3.95

### <u>Homemade Desserts</u>

Served with vanilla ice-cream and maple	
sauce	

Eton Mess v	
Homemade raspberry ripple meringue, with	
fresh strawberries and mascarpone cream	£7.95

£7.95

£7.95

£4.25

Almond Flapjack v, gt, dt, ve	
Served with homemade pear, blackcurrant	
and blackberry jam and warm amaretto	
sauce	£7.95

Served with pecan sauce and double	
cream	£7.95
Apple, Cinnamon & Sultana Crumble v ©	

Sticky Toffee Pudding V

With custard

Warm Chocolate & Walnut Brownie v © A warm and chewy chocolate brownie topped with vanilla ice cream &

£7.95 chocolate sauce Baileys & Mars Bar Cheesecake Our own recipe, creamy, smooth, dense

cheesecake with chocolate and butterscotch £7.95

**Trio of Desserts** A taste of our favourites; Baileys and mars bar cheesecake, chocolate and walnut brownie with vanilla ice cream and frozen coffee and

Tia Maria mousse Indulge to treat yourself or £9.50 enough for two to share Frozen Coffee & Tia Maria Mousse v, af Dense and rich mousse served in an

**Cheese Board** gf Selection of local cheeses with biscuits, homemade caramelised red onion chutney, and sticky walnuts

Choose from Vanilla, Chocolate &

espresso cup for a smaller dessert option

£9.95 Mango sorbet v, gf, df, ve © A refreshing sorbet £5.95 Two scoops of Dairy Ice Cream gf, v ©

Strawberry £5.95 Two scoops of Plant based Salted Caramel Ice cream gf,df, v, ve © £5.95

Low Sugar, Fat Free Vanilla Ice Cream v, gf £5.95 Hot Beverages

Americano £3.50 Cappuccino £3.50 Latte £3.50

Espresso	£3.5U
Extra shot of Espresso	£0.75
Pot of English Blend Tea	£3.50
Earl Grey Tea	£3.50
Herbal Tea	£3.50
Mocha Latte	£3.95
Hot chocolate	£3.95
v vegetarian	

vegan gluten free as standard gf dairy free as standard df gluten free available with substitutions gfa

dairy free available with substitutions dfa vegan available with substitutions vea

© Smaller portions of these dishes are available for children and those with smaller appetites

### <u>Allergens</u>

Please make your food server aware of any allergies and intolerances you may have. Whilst we take the greatest of care preparing your food, our kitchen is used to produce food containing any of the 14 main allergens as well as others. Unfortunately, it is impossible on this basis to ensure against minimal transfer of allergens. Our pledge is to do our absolute best. If you require any information regarding ingredients, please speak to your

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/ines	S		Draught		
Bin No.	. 125ml 175ml 250ml Bottle	e	Adnams Southwold Wherry Ale	3.7% 3.8%	£4.60 £4.60
			Abbot Ale	5.0%	£5.00
Whi			Level Head IPA Carlsberg Pilsner Lager	4.0% 3.7%	£5.50 £4.60
1	Australia CHARDONNAY  Tropical fruit flavours complimented by a crisp finish		Birra Moretti	4.6 %	£6.00
	£5.50 £8.25 £9.50 £23.9	95	Madri Guinness	4.6% 4.1%	£5.50 £5.50
3	Italy PINOT GRIGIO		Aspall Cyder	4.5%	£5.20
	Fresh, fruity and easy drinking dry white classic Italian	25			
	£5.50 £8.25 £9.50 £23.9	75	Bottles		
10	New Zealand SAUVIGNON BLANC		Magners Cyder	4.5%	£4.95
	Intense gooseberry and grapefruit with a hint of asparagu £5.50 £8.25 £9.50 £23.5		Kopparberg Mixed Fruit	4%	£4.95
_			Kopparberg Strawberry & Lime Peroni Alcohol Free	4% 0.0%	£4.95 £3.95
Rec			Heineken Alcohol Free	0.0%	£3.45
2	Australian SHIRAZ Packed with vibrant fruit and full of character		Estrella Gluten Free Lager Old Speckled Hen Gluten Free Ale	5.5% 5%	£3.95 £4.70
	£5.50 £8.25 £9.50 £23.9	25	Guinness Zero	0.05%	£4.50
6	Chile MERLOT		Ghost Ship	0.5%	£3.95
	Light plummy notes, ripe berry fruit, smooth and balanced				
	£5.50 £8.25 £9.50 £23.9	<b>'</b> 5	Soft Drinks		
7	Chile CABERNET SAUVIGNON Smooth, full of cassis & black cherry flavours, hints of coffee &	. dark chacalate	Coke		£3.00
	£5.50 £8.25 £9.50 £23.9		Diet Coke Lemonade		£3.00 £3.00
11	Spanish RIOJA		Appletizer		£3.65
	Soft and fruity with ripe plum aromas		Elderflower Presse J20 Apple & Mango		£3.65 £3.65
	£25.9	75	J20 Orange & Passionfruit		£3.65
15	France CHATEAUNEUF-DU-PAPE, PERDIGAL  A soft but full, early ripening wine with a dominance of Greno	rche and snice	J20 Apple & Raspberry Still Mineral Water (330ml)		£3.65 £2.85
	£33.9		Sparkling Mineral Water (330ml)		£2.85
18	Argentina MALBEC		Large Mineral Water (750ml) Pineapple Juice		£4.95 £2.75
	Bold and fruity with a super smooth finish	).E	Cranberry Juice		£2.75
	£5.50 £8.25 £9.50 £23.9	<b>'</b> 5	Tomato Juice Orange Juice		£2.75 £3.65
Rose 4	Italy PINOT ROSE		Pressed Apple Juice		£3.65
7	A delicate dry wine with fresh red berry fruit character		Juice & Lemonade Juice & Soda		£3.65 £3.65
	£5.50 £8.25 £9.50 £23.9	25	Cordial & Lemonade		£2.85
13	California ZINFANDEL ROSE	wa al ay a a ft finish	Cordial & Soda Orange Fruit Shoot		£2.05 £1.80
	Really good blush, easy drinking, hints of strawberry flavours of £5.50 £8.25 £9.50 £23.9		Blackcurrant Fruit Shoot		£1.80
			Tonic Water Slimline Tonic Water		£2.45 £2.45
Cho	ampagne & Sparkling		Lemon Tonic Water		£2.45
	200ml Bottle		\		
19	PROSECCO		<u>Whisky</u>		
	Extra dry, flowery nuances of almond & ripe fruits £7.25 £30.95		Bells	40%	£3.50
00	MOST ST CHANDON		Famous Grouse Jameson's	40% 40%	£3.50 £4.50
20	MOET ET CHANDON  The Brut Imperial is a dry & elegant. The brand leader		Jack Daniels Jim Beam	40% 40%	£4.50 £4.50
	£49.95		Malts (ask your server)	40%	£4.50
$C_{0}$	cktails				
<u> </u>	CRIGIIS		<u>Brandy</u>		
Aperol :	<b>Spritz</b> vibrant and lively orange hue and perfectly bittersweet essence m	ade with	Three Barrels	38%	£3.50
	Prosecco and Soda	£9.95	Courvoisier XXX Remy Martin	40% 40%	£4.50 £4.50
Pina Co	lada.		Cherry Brandy	24%	£3.50
Sweet,	mellow and mild fruity flavours of rum, cayenne pineapple with				
the cre	amy texture of coconut	£8.50	Rum		
<b>Mojito</b> A classy	combination of Rum, natural persian limes and fresh mint	£8.50	Bacardi	37.5%	£3.50
Espress	o Martini		Lambs Navy Morgan's Spiced	40% 35%	£3.50 £3.50
Rich, in	dulgent, and energizing, an expert blend kahlua, vodka and the old brew coffee	£6.50	Kraken	40%	£4.50
		20.00			
	Fruit Martini tic blend of vodka, Indian mangos, passion fruit, and orange juice	£7.50	Gin		
	erry Daiquiri		Gordon's Pink Gin	37.5% 37.5%	£3.50 £4.50
A natur	al fusion of rum, sun-kissed spanish strawberries and persian limes	£6.50	Adnams Copper House	40%	£4.50
Negron A refres	i hingly bittersweet cocktail with strong hints of citrus and dry		Bombay Sapphire Plymouth	40% 41.2%	£4.50 £4.50
underto		£6.50	Hendrick's Betty's (Distilled in Bacton, Suffolk)	41.4% 42%	£4.50 £4.50
Old Fas			Whiley Neil Rhubarb & Ginger Gin	43%	£4.50
	okey warmth of the bourbon is perfectly matched with the intricate rofile of the bitters and the sweetness of the orange	£8.00	Whiley Neil Raspberry Gin Whiley Neil Blood Orange Gin	43% 43%	£4.50 £4.50
	nd Stormy		Gordon's Non-Alcoholic Gin	0%	£3.25
	t and dynamic drink that serves up spice from the ginger beer rus from the fresh lime and bitters	£8.50	\/adka		
Moscov	v Mule		<u>Vodka</u>	37 E07	00.50
	in a copper mug, a fiery ginger beer, vodka cocktail with refreshing	£7.00	Smirnoff Absolute	37.5% 40%	£3.50 £3.50
	Bakewell Fizz	<del></del>	Absolute Rasberri Grey Goose	40% 40%	£3.50 £5.00
An indu	algent sweet cherry brandy, amaretto, prosecco cocktail, perfect	£9 00	2.0, 2000	10/0	20.00
arrer a	great meal	£9.00			